



99 Climate Actions – Big and Small

Community

1. Mention climate change in a conversation at least once a day.
2. Talk to your family and friends about climate change.
3. Talk to your family and friends about buying a hybrid/EV.
4. Organize climate change presentations at your work or community group.

Transportation

5. If you are buying a new vehicle, make it electric.
6. If you can't buy electric, buy a hybrid.
7. If you can't buy hybrid, buy the most fuel-efficient option.
8. Make a conscious choice where you buy your gas – consider PetroCanada who has been a leader in installing EV charging stations across Canada
9. Can you become a one car family?
10. Sign up for Commuauto's car share service.
11. Can you carpool with a friend or neighbour?
12. When you rent a car, insist on a hybrid or a fuel-efficient vehicle.
13. When you need to take the car, how many trips can you bundle?
14. Avoid idling your vehicle
15. Use your bicycle to run errands (you will usually get a spot right by the front door)
16. Use your bicycle for more than recreation – when can you swap your car for a bike ride?
17. Consider buying an e-bike
18. Help organize a community bike rodeo (CAN bike)
19. Walk more
20. Support neighbourhood businesses (helps with action #5)
21. Take public transit, especially when your travel is routine and predictable
22. Teach your kids to ride public transit
23. Learn how to take your bicycle on public transit
24. Join the community carshare

Food

25. Embrace meat-less Fridays
26. Experiment with more plant-based meals
27. Try going vegetarian 5 days/week
28. Explore vegan options
29. Watch a climate-related film (2040, Kiss the Ground, elevateSIX, the biggest little farm)
30. Read a climate change book
31. Follow a climate change group on social media

32. Become a member of a climate change group (350.org, Climate Action London, Ontario Nature)
33. Vote for elected officials who support climate action
34. Write letters to elected officials urging greater action on the climate crisis

Buildings/Energy

35. Calculate your carbon footprint (www.ProjectNeutral.ca)
36. Add more insulation to your attic
37. Replace drafty windows with triple pane windows – you will have better sound insulation too
38. Caulk cracks around the house
39. Use a programmable thermostat

Nature

40. Plant as many trees as possible
41. Volunteer to plant trees with ReForest London
42. Volunteer to steward forests with Thames Talbot Land Trust
43. Plant trees and shrubs around your home for wind breaks
44. Plant a deciduous tree to provide summer shade to your house
45. Water the city trees on your street (especially during hot days)
46. Take a walk in nature
47. Plant pollinator plants in your flower garden
48. Plant a full pollinator garden
49. Plant a rain garden
50. Add native plants to your garden
51. Share native plants with friends and neighbours
52. Transform your front lawn from grass to garden
53. Plant some veggies in a planter box
54. Plant a vegetable garden
55. Sign up for a CSA (community supported agriculture) subscription
56. Shop at local farmer's markets
57. Buy organic
58. Switch your stove from natural gas to electric
59. Switch your hot water tank from natural gas to electric
60. Install a hot water solar system
61. Install a pv solar system
62. Compost your kitchen scraps
63. Mulch leaves on your lawn and leave them to overwinter
64. Electrify lawn equipment from gas powered to electric/battery
65. Join a community clean-up
66. Pick up garbage as you walk your neighbourhood
67. Replace 50% of all grass with gardens
68. Add a log to your garden to act as a bee home
69. Mulch your leaves on the lawn instead of raking
70. Use leaf mulch instead of store bought mulch
71. Advocate for the city of London to use more productive/native plants in public gardens

72. Plant groundcover under trees instead of grass
73. Sign petitions
74. Take all batteries to waste depots (never in garbage)
75. Buy second-hand
76. Don't throw things in landfill that can be used by someone else
77. Donate to protect nature
78. Donate to educate girls in developing countries
79. Use GOOS paper in your printer (Good on one side)
80. When buying printer paper, make it FSC certified and recycled content
81. Buy toilet paper that contains 100% recycled content (it's better than it used to be)
 - a. You can find it at Real Cdn Superstore and some Metros
82. Use re-usable water bottles instead of plastic
83. Bring re-usable shopping bags wherever you shop (incl clothes, shoes, food)
84. Take your plastic back to the grocery store. Metro and Superstore both accept plastic bags, including bags like frozen veg packaging
85. Use re-usable produce bags instead of plastic
86. Look for less-packaged food options
87. Buy food in season and freeze/can surplus
88. Eliminate Styrofoam use
89. Try TruEarth laundry strips instead of buying plastic jugs
90. Hang your laundry outside in the summer
91. Hang your laundry on a clothes rack indoors in the winter
92. Turn your stove/oven off a few minutes before your food is cooked
93. Reduce burning wood (open fires, wood stoves) as it adds to air pollution
94. Choose wood construction over concrete
95. Choose permeable sidewalks and driveways over non-permeable
96. Know what is possible and not possible to recycle in London
97. Start a composting project at your work
98. Vacation close to home, take car trips over plane trips
99. Take the train

Bonus:

The UN Act NOW Top 10:

ActNow is the United Nations campaign for individual action on climate change and sustainability.

<https://www.un.org/en/actnow/>



Unplug



Zero-waste Fashion



5-Minute Showers



Bring Own Bag



Drive Less



Lights Off



Local Produce



Plant-based Meals



Recycle



Refill and Reuse